Theoretical Model Guiding Project EAT-II

**Sociodemographic Factors**
- Sex, Age/grade, Race/ethnicity, Living situation (T2), Children/family (T2), Socio-economic status

**Personal Factors**
- Body image, Nutrition knowledge (T1), Self-efficacy, Perceived benefits, Food preferences, Religion (T2), Relationship status (T2), Media internalization (T2), Perceived time constraints, Health concerns

**Socio-environmental Factors**
- Family environment, Family meal patterns, Food security, Food availability, Parental & peer norms & behaviors, Mistreatment/teasing, Dating violence (T2)

**Behavioral Factors**
- Weight control behaviors, Meal & snack patterns, Media use, Physical activity, Employment/student status, School connection, Binge eating, Fast food intake, Food preparation, Natural/unprocessed food choices (T2)

**Weight Status & Dietary Intake**
- Weight status, Fruit/veggie intake, Calcium-rich food intake, Fat intake, Grain intake, Energy intake